



## New York State Professional Fire Fighters Association, Inc.

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### 4<sup>th</sup> District Regional Health and Safety Seminar 2018

**SAMUEL A. FRESINA**  
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**JAMES J. MCGOWAN**  
Secretary-Treasurer

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**April 17th- Fourth District – To be held at Foothills Performing Arts Center, 24 Market St., Oneonta, NY 13820 #607-431-2080 - Starts at 8:30am - Hotel for speakers is the Hampton Inn, 225 River St, Oneonta, NY 13820- phone 607-433-9000**

#### SPEAKERS/AGENDA

**Tony Cruz:** NY Director for Firefighter Cancer Support Network, National Director FCSN Board, FDNY Firefighter Rescue 2 (retired)

**Topic: "Cancer in the Fire Service"**

**Eugene Stolowski:** FDNY Firefighter

**Topic: "Black Sunday – Firefighter Safety and Survival"**

**Ewa Hlebowicz:** Fire Fighter – Barnard Local 4030

**Topic: "Running your mouth, jumping to conclusions and Pushing your luck are not exercise"**  
**Physical fitness/preparedness, nutrition and health/wellness to help reduce and prevent both LODD and LODI**

**THERE IS NO COST TO ATTEND. LUNCH WILL BE PROVIDED BY THE HOST DISTRICT.**

**PLEASE NOTIFY THE STATE OFFICE 518-436-8827 OR YOUR DISTRICT HEALTH AND SAFETY REP ANDREW TURNER AT 607-287-3154 OR [ATURNER003@STNY.RR.COM](mailto:ATURNER003@STNY.RR.COM) IF YOU PLAN ON ATTENDING WE NEED A HEAD COUNT.**

Fraternally,

**Ron Kressman,**  
Health & Safety Coordinator  
NYSPPFA

**Dave Holleran**  
Executive VP, H&S Chairman  
NYSPPFA

