

New York State Professional Fire Fighters Association, Inc.

174 Washington Avenue, Albany, NY 12210

Phone: 518-436-8827 • 1-800-238-8827 • Fax: 518-436-8830

E Mail: profire@nyspffa.org www.nyspffa.org

2nd District Regional Health and Safety Seminar 2019

President June 10TH – Second District – Seminar will be held at the The Delta Hotel (Marriott), 200 Genesee St., Utica, NY 13502 (315-797-8010) - Start time 8:30 AM.

SPEAKERS/AGENDA

John Ceriello: Lieutenant, FDNY

Topic: "Basement Fires"

Ewa Hlebowicz: Fire Fighter – Barnard Local 4030

Topic: "Physical Fitness/Preparedness, Nutrition And Health/Wellness To Help Reduce And

Prevent Both LODD & LODI"

Peter Caruso: D/C (Retired) Utica FD Topic: "2 1/2 Story Frame Structure Fires"

THERE IS NO COST FOR MEMBERS TO ATTEND THE SEMINAR. IF YOU WISH TO PARTICIPATE IN BREAKFAST & LUNCH, THE DISTRICT WILL BE COLLECTING \$20 PER PERSON FOR FOOD.

PLEASE NOTIFY ONE OF THE FOLLOWING - STATE OFFICE 518-436-8827, YOUR DISTRICT HEALTH AND SAFETY REP MIKE VALENTI AT 315-569-8803 OR TOM CARCONE (2ND District VP) 315-982-2064. IF YOU PLAN ON ATTENDING, WE NEED A HEAD COUNT.

Fraternally,

Ron Kressman, **Health & Safety Coordinator** NYSPFFA

Dave Holleran Executive VP/Health & Safety Chairman **NYSPFFA**

SAMUEL A. FRESINA

JAMES J. McGOWAN Secretary-Treasurer

EXECUTIVE BOARD

Executive V.P. DAVID J. HOLLERAN

1st District V.P. SEAN McCABE Ridge Road Local 3794

2nd District V.P. THOMAS CARCONE Utica Local 32

3rd District V.P. ANDY HIRSCH Albany Local 2007

4th District V.P. **CHRIS PUTNEY** Elmira Local 709

5th District V.P. SEAN DENIGRIS New Rochelle Local 273

7th District VP LEROY McGINNIS New York City Local 94

8th District V.P. JAMES McCARTHY New York City Local 854

CHAPLAIN

REV. JOHN TALLMAN 40 Collins Place Albany, NY 12208