

IAFF COVID-19 UPDATES

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Coronavirus Protection for First Responder

- N-95 or P100 with eye protection
- Face shield or goggles
- If possible and tolerated, place a surgical mask on the patient to minimize exposure
- Clean, non-sterile, long-sleeved, fluid-resistant gown
- Gloves
- Single-use, disposable equipment or dedicated equipment to decontaminate.
- Hand washing
- Disinfect ambulance with bleach solution
- Routinely clean and disinfect patient-contact areas

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Coronavirus Signs and Symptoms

Runny nose

Headache

Cough

Sore throat

Fever

General feeling of being unwell

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Coronavirus is commonly spread from an infected person to others through:

- The air by coughing and sneezing
- Close personal contact
- Touching objects or surfaces with the virus, then touching your mouth, nose or eyes
- Fecal contamination (rare)

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