



New York State Professional Fire Fighters Association, Inc.

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40 Collins Place
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3rd District Regional Health and Safety Seminar 2023

February 24th- Third District – Albany Union Hall 39 Quail Street, Albany, NY
12206

Starts at 8:30am

SPEAKERS/AGENDA

8:00am – 8:30pm – Light breakfast/coffee/juices

8:30am -10:30am - Peter Caruso: D/C Utica FD (Retired)

Topic: "2 ½ Story Framed Buildings; Fire Fighting Concerns, Tactics, Safety Lessons Learned". 2 ½ Story Frame constructed buildings are a major component of most neighborhoods and make-up a large portion of a city's streetscape. In this presentation we will address concerns dealing with 2 ½ story frame buildings, their construction, layout, firefighting tactics and safety concerns.

11:00am – 1:00pm – Eugene Stolowski: 24-year Veteran Firefighter of the FDNY, Nationally Certified Instructor II and Safety Officer

Topic: "PTSD" Gene will discuss PTSD warning signs and how to help yourself.

A working lunch will be provided at around noon time at the direction/convenience of the presenter

1:30pm – 3:30pm – Mike Dugan - Captain FDNY Ladder Co 123 (Retired)

Topic: "Leadership in today's fire service and how to avoid fire injuries and deaths." This class is designed for members to learn from mistakes of the past and to avoid repeating them. This is for every firefighter and officer regardless of rank.

There is no cost to attend the seminar. Breakfast & lunch will be provided by the 3rd District.

******This seminar is open to all members of the NYSPPFA. Please share this invitation with all members of your department. Members can attend all or any part of the seminar.******

PLEASE NOTIFY YOUR DISTRICT HEALTH AND SAFETY REPRESENTATIVE MIKE VELENTI (518-369-8076), mdemarslocal2825@gmail.com IF YOU ARE PLANNING ON ATTENDING, WE NEED A HEAD COUNT.

Fraternally,

Dave Holleran
Executive VP/ Health & Safety Chairman
NYSPPFA

Michael Demars
3rd District Health and Safety Rep
Amsterdam Local 2825